



501 SE Jefferson, Suite 30
 Topeka, KS 66607
 785-233-1365
 785-233-1905

Actively promoting neighborhood well-being by mobilizing people, idea & resources

DATE: 4-11-11

Present: Alan Apel, Amy Arnett-German, Bob Hedberg, Brian Austin, Dana Book, Danette Tipton, Gary Crauthers, Sharon Joseph, Bonnie Cherry, Jack Gray, Janlyn Nesbett-Tucker, Jim Ogle, Judy Nickelson, Kathy Fox, Kevin Siek, Larry Hinton, Lenora Kinzie, Liesl Hays, Lisa Martin, Marianna Nothern, Mary Lynn McGee, Max Wilson, Nancy Johnson, Rachel Pierson, Ralph Krumins, Roberta Wirth, Rosemary Menninger, Shelly Buhler, Tara Dimick, Thomas Luellen, Tom Sirridge, Webb Garlinghouse, and Wendy Pearson.

TOPIC	DISCUSSION	FOLLOW UP
Minutes Introductions	<ul style="list-style-type: none"> • Past minutes updated on the CRC website if needed. • Meeting was called to order @ 11:55am. • Everyone introduce themselves because there were a lot of new people present. 	
Jim Ogle	<ul style="list-style-type: none"> • Topeka Bike Ways Group- 20 plus routes throughout the city 	More than welcome to come to the meetings. Will let you know the dates at the next meeting. 5-10-11
Rossville PRIDE	<ul style="list-style-type: none"> • Sand Volleyball Court-Re did the court so the community could have another fun place to come and enjoy. • Rain Garden-Has flowers that bloom all year round. Built so when it rains the water is filtered through and re used for the garden instead of just flowing into the nearest drain. • Playground- The community members came together to help with the playground. All the tools were donated; the food and drinks were supplied by the families in the community. The children of the community came up with some ideas for the playground and the committee incorporated their ideas in the building process. With everybody's effort and hard work it only took a week to build. 	
Tara Dimck	<ul style="list-style-type: none"> • Monthly E-Blasts- If you have anything coming up that you would like people to know about please let me know and I will send out a mass email with the information. • Wanting to start 2 blogs with 5 different questions each and put together a community calendar. 	If you have any suggestions please contact Tara.
Alan Apel (KBVC)	<ul style="list-style-type: none"> • 3 Foot Law- (Bill HB2192) was passed stating that a motor vehicle has to give a person on a bicycle at least 3 feet when passing. This law in not go into effect until July 1st, 2011. • Tim Roberts Memorial- May 22, 2011 Mass start 8:00 a.m., Tinman Circle, East Side Shawnee Lake, Topeka, KS. Five dollars from every registration will go to the Tim Roberts Memorial. Tim was struck and killed by a motorist in 2010. 	Please come out and support the family and friends of Tim Roberts.



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Rosemary Menninger (Community Gardens)	<ul style="list-style-type: none"> There are 12 local community gardens getting ready for the spring. Out of those 12; 4 of them are vertical gardens located at 3 USD elementary schools and one middle school. 	
Joe Hodgson (Shawnee County Largest Workout)	<ul style="list-style-type: none"> Bringing people together for a workout. Will be held at Washburn University on September 13, 2011 @ 6:30 pm. We are still looking for volunteers. If you are interested in helping please contact Joe at 785-271-7979. 	
Lisa Martin (Shawnee County Score Card)	<ul style="list-style-type: none"> Needing help with the funding for the grand prizes this year. Would like to have enough to purchase the XBOX Connect for the grand prize. Also needing help with all the data collecting. This event will be held for 8 weeks starting around Memorial Weekend. 	If interested in helping please contact Lisa.
HHN Youth	To be discussed at the next meeting.	5-10-11
Sodium Reduction Bob Hedberg	<ul style="list-style-type: none"> There are two components to the sodium reduction grant: Health: approximately 800 people will be randomly contacted via telephone- if they complete the survey, and go to the Health Agency and complete BMI and diet recall they will receive a \$25 gift certificate to Hy-Vee. Community: Boxes are being delivered to 25 convenience stores across the county. People will be encouraged to participate in focus groups designing a commercial for the community. For each participate participating that particular convenience store will receive a \$25 gift certificate to the convenience store they registered. 	Bring a low sodium item from your pantry to the next meeting. Take the pledge to put the salt shaker down and flip the can.

Next Meeting: May 9th, 2011